

1961

## The Iowa Homemaker vol.41, no.2

Karen Williams  
*Iowa State College*

Marilynn Bratten  
*Iowa State College*

Sharon Sherman  
*Iowa State College*

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### Recommended Citation

Williams, Karen; Bratten, Marilyn; Sherman, Sharon; Collison, Anne; Fridley, Jo Ann; Miller, Anne; Warren, Gail; and Nielsen, Karen (1961) "The Iowa Homemaker vol.41, no.2," *The Iowa Homemaker*: Vol. 41 : No. 2 , Article 1.  
Available at: <http://lib.dr.iastate.edu/homemaker/vol41/iss2/1>

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## The Iowa Homemaker vol.41, no.2

### **Authors**

Karen Williams, Marilyn Bratten, Sharon Sherman, Anne Collison, Jo Ann Fridley, Anne Miller, Gail Warren, and Karen Nielsen

the iowa  
**homemaker**

May, 1961





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Marilyn Textum has portrayed her idea of the May bride. This is the first of the *Homemaker's* experiments with cover illustrations.

# the iowa homemaker

May, 1961

Volume XLI, Number 2

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Published monthly except June, July, August, September by home economics students at Iowa State University, Ames, Iowa. \$1.50 per year. Entered as second class matter at the City Post Office, Ames, Iowa, under the act of March 3, 1879. Apply for advertising rates.

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## Woman's Angle

Since this is the month for it . . .

MAY we congratulate those who are soon to walk down the aisle (or wait at the altar) . . .

MAY we give some ideas on how to make the wedding more unique . . .

MAY we show you what other girls are doing to prepare for the ceremony and for married life . . .

MAY we offer suggestions to those of you who are watching your friends become the center of attention and who want to add to their happiest moment . . .

MAY we give a few hints on travel, housing, and home furnishings in order to prepare for the first years after marriage . . .

And MAY we say to everyone, "Have the nicest summer ever."

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# Tips Add

by Karen Williams, H. G. E. 3

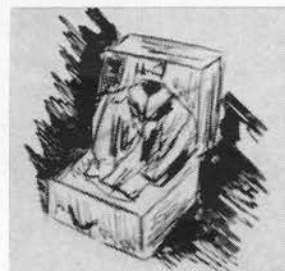
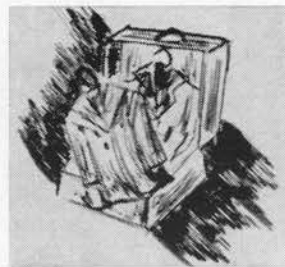
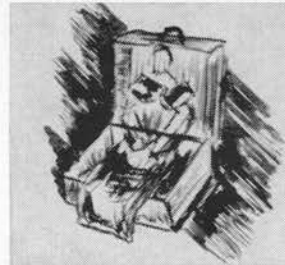
**W**hether honeymooning or just making a week-end excursion, you, as a new bride, will confront many new problems unless you are an experienced traveler.

Packing will be easy if you choose a wardrobe carefully to permit a maximum number of changes with a minimum number of garments. Select one or two predominant colors so one set of accessories can be used.

Drip-dry fabrics are a boon to the traveler. Leave the bouffant at home, and take the smart simple line in both dress and casual clothes.

For most women, include one pair of evening sandals, one pair of basic high heel pumps and one pair of flat walking shoes, along with the shoes you are wearing.

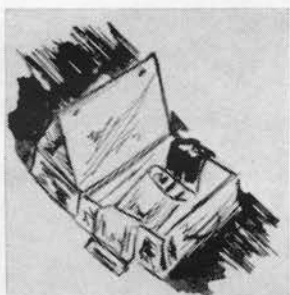
Be sure to take a dress-up sweater or stole, a casual sweater, and one or two packable travel hats.



### Make A Check List

traveler's checks  
alarm clock  
comb, hairbrush  
cologne  
cosmetics, creams  
address book, stamps  
shampoo  
sun lotion, glasses  
depilatory  
first-aid kit  
washcloth  
toothbrush, paste  
clothes brush  
deodorant  
facial tissues  
hairpins  
scotch tape  
camera and film  
reservation confirma-  
tions  
plastic raincoat  
sewing kit  
nail-care kit

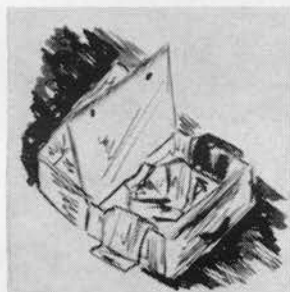
# Ease In Traveling



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ballpoint pen  
miniature flashlight and  
batteries

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special prescriptions  
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credit references  
international driver's  
license

currency converter  
chart  
custom registration  
eye-glass prescriptions  
immunization  
visas  
vaccination certificates  
extra passport pictures



## Begin at Bottom

- ... Extra shoes, heavy garments, and your flat, packable handbags go in the suitcase first.
- ... Pack sweater, swimsuits, lingerie, blouses, and shirts next.
- ... Place your night wear, robe, slippers, and pajamas on top.
- ... Be sure to tightly cap perfume bottles and other liquids to prevent leakage. Seal with Scotch tape.
- ... Be sure to unpack everything at your first opportunity.

## Pack Wardrobe Case

**HANG DRESSES.** Hang long dresses first . . . at back of case. Hang other dresses. When all are hung, secure hanger rod by pushing latch into place.

**PACK LADIES' SUITS.** Lay skirts across packing bar with bottom half extending over edge of case. Place jacket face down on top of skirt. Keep sleeves wrinkle-free by gently folding into a V at the back of the jacket. Lapels will stay smooth, and sleeves will not crease.

**LIFT** packing bar as high as it will go, and fold

clothes neatly into upper section of case. Close divider and pack bottom of case.

## There's Man to Consider

**PLACE** first pair of trousers in bottom of hanger side of case. Let trousers legs extend over end of case. Place second pair of trousers in alternate direction in case.

**HANG** each coat on individual hanger. Button it. Slide hanger onto hanger rod with lapel side of coat down. Coat extends over front of case. Fold sleeves in gentle V on back of each coat. Lower packing bar. Fold sleeves and bottom of each coat over packing bar. Fold trousers legs alternately into case. Pull down pad, fasten catches.

**PACK** shirts, toiletries, and other accessories in lower section of case.

## Who, When, and How Much?

Tipping is a way of saying thank you for a service rendered; so while there can be no hard and fast rule, the generally approved amounts for tipping are:

. . . **ANY BAGGAGE PORTER**, 15c to 25c/bag . . . **TAXI DRIVER**, 15% to 20% of fare — never less than 10c . . . **AIRPORT LIMOUSINE**, no tip, unless exceptional service rendered . . . **BELLMAN**, 25c per bag—25c for messages, paging, etc. . . . **PULLMAN PORTER**, for overnight trip—75c, for shorter trip—25c . . . **CHAMBERMAID**, \$2.00 per week for each person . . . **WAITER**, 15% to 20%—if meals included in room charge, \$1.00 per day . . . **ABOARD SHIP—FIRST CLASS STATEROOM STEWARD**, \$8.00 for 7- to 9-day crossing. Note: On a long voyage, tip at the halfway point and at the end of the voyage.

Always tip without ceremony. Present your tip casually and with sincerity, but present it simply. This is particularly important in foreign travel.

There's just one item to remember now — have a good time.

# May Is Raining Roses

by Marilyn Bratten, H. JI. 2

Everything's "coming up roses" this month for the girl who's about to be a bride. Cupcakes are in bloom with pink frosting flowers; paper posies are budding on party trees; and in the punch bowl, a splash of rose water lends its delicate fragrance and flavor. Who's behind the rosey glow? — you, of course, with your green party thumb, coordinating the prettiest shower of the season for a friend who is going to be married.

What could be a nicer surprise than giving the bride-to-be a shower in her residence, where her close friends can all attend? If you plan the event carefully, she will say "Thank you!" for one of her loveliest pre-wedding parties.

First, check with the residence housemother for permission to use the parlors or living room (and the kitchen for making the refreshments). If you wish, ask her to help you with preparations — she'll probably be your best worker and will be able to give you some tips to make the shower a guaranteed success!

## How To Grow Paper Roses

Roses grow quickly when three friends help you. One girl can cut all the paper and make the leaves. You'll need about nineteen packages of pink crepe paper for roses, and less than a package of green for the leaves. One girl can roll and cut the tubes, two can shape and wire the roses and pin them on. Just follow these steps.

1. Unroll a package of crepe paper and fold it in half, then in half again. Cut along the fold lines to make four pieces. From each of these pieces you can make four paper roses.

2. Roll crepe paper around a broomstick. The grain of the paper should be parallel to the handle. Roll evenly and tightly, but not too tightly or paper won't crush down easily.
3. Hold the end of the broomstick against a table top and slide your hands down the stick, pressing the rolled crepe paper into a firm and evenly crumpled tube.
4. Slide the crumpled tube off the broomstick and cut it into four equal tubes. Unroll each tube and trim off one corner — to make a rounded petal for the end of your finished rose. Fold over the other corner and begin rolling your rose from this folded corner.
5. As you roll the rose, hold your fingers below mid-line and gather in the paper near the base in tiny pleats, so that the upper petals will flare out and your rose will have fullness.
6. Wind cotton-covered wire around the base of the rose and snip off the excess paper. You don't want your roses to be too tall so wind wire just below the center.

## Make A Rose Tree

The simplest way to form the tree to pin your roses on is to purchase a large ball of styrofoam, available at any dime store. Make a hole in the ball to hold the trunk (a broom stick) and pin the paper roses on the ball. When all of the roses are in place, add the green paper leaves.

Plant your tree in a large flowerpot or bucket. Add sand or earth to root the tree firmly in place. Cover the container with crepe paper or

cloth. On the night of the shower, place the tree in the center of the room, and place the gifts around it.

## Refreshments

The type of refreshments you serve depends largely on the cooking facilities which you have available. If you have access to an oven, then try your luck at making cupcakes topped with red frosting. (Use red food coloring). Save half of the frosting to use for making roses, which are squeezed from a pastry bag onto the top of each cupcake. (Directions for making roses and other frosting decoration come with a pastry bag or can be found in pastry cook books).

For a beverage, make rosy-pink punch. The following is a simple recipe:

- 2 cans (46 oz. each) Hawaiian Punch
- 8 bottles (7 oz. each) lemon-lime carbonated beverage
- 2 tablespoons rose water (Rose water may be purchased at your local drugstore.)

Chill beverages thoroughly before preparing punch. Pour Hawaiian punch into a large party bowl. Add lemon-lime and rose water. Stir. Add ice cubes. Makes about thirty-six four-ounce servings.

## Invitations

For written invitations, the tiniest "pretend" rosebud stapled to the corner of plain notepaper makes a flowery showing. Tie ribbon streamers to the stem of the bud.

When the initial surprise is past for the guest of honor, introduce her to her bounty, neatly piled beneath the rose tree.



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**SWANK'S JEWELERS**

# "Instant" Palace Is Rare

by Sharon Sherman, H. JI. 1

**T**he honeymoon is over, and where do the bride and groom find themselves? Unless they're a Cinderella couple — a fairy-tale prince and princess with a ready-made palace — they find themselves faced with the problem of furnishing their new home. This home may be a house built just for them; but, more likely, it will be a small apartment or a two- or three-room bungalow on some college campus. Wherever and whatever it may be, this will be the beginning of what may someday be a house planned for their needs and preferences.

Since their first home will probably be temporary, the couple must choose wisely in order to avoid spending large sums of money for things which will not be of use later.

## **Begin Creatively**

Careful planning and use of skills in "do-it-yourself" projects is both conservative and challenging. The homemaker who sews can make attractive curtains and draperies at a very low cost. Old furniture, purchased at a nominal cost, can become beautiful and useful in the hands of one who is willing to put time and effort into the job of refinishing.

It may be practical to buy unfinished furniture and spend time — instead of money — getting just the look you want. Inexpensive pine furniture can be made very attractive if it is enameled and brushed down to a low gloss. Walnut or other woods are higher in price but are still less expensive than ready-finished furniture.

Other "do-it-yourself" furniture may include brick-and-board book cases and multiple-use storage units made by placing a nicely finished board between two small chests. This can be used as a dressing table, reading unit, or desk and may be raised by bricks or wooden legs.

## **Buy Adaptability**

Furniture should be chosen for adaptability

in style and use. A well-designed chest, for example, might be usable with living room, dining room, or bedroom furniture. If limited space is a problem, a sleeper sofa may be a good way to provide for guests.

Floor coverings also should be adaptable. Rugs, rather than carpets, may be used in rooms of different sizes, turned to equalize wear, and taken up for moving or cleaning. If they are a solid color, they are more likely to go with any style of furnishings or with any decorating scheme. Young people may want to buy a less expensive rug which later can be moved to a bedroom, recreation room, or porch. A new floor-covering fabric is craft-cord — an inexpensive, reversible material which wears well and can be cleaned with soap and water. It comes in a wide range of colors, has a pleasing texture, and resists soiling.

## **Use Bulk of Budget**

In either a temporary or a permanent home, Mrs. June Brown, Extension Art Specialist, recommends that the largest share of the budget should go for pieces of furniture scheduled for long, hard wear. If this furniture is good in line and design, it will be usable for many years. It is particularly important to look for good quality in upholstered pieces. Neat outward appearance is an indication that inner construction is durable. Other important items are springs and a mattress. These can be moved and used in a temporary or permanent home.

Two young people should be willing to consider new ideas or ways of doing things. A recent development is walls on poles — a system of floor-to-ceiling poles held in place by tension. Storage units can be clipped in place with special brackets at any height. A short wall may be used as a partition between living and dining areas. This arrangement may compensate for limited storage space or help conceal poor structural design of walls and rooms. It is wise to

check the finish on the units you buy since companies may plan to discontinue a certain finish.

A relatively new product, indoor-outdoor furniture, may be used effectively in any room. Woven wicker chairs, which cost about five dollars, will go with anything and provide interest in texture and idea.

According to a survey of college girls, the one room that newly-weds usually plan to furnish first is the kitchen. However, too many couples think that it is imperative to buy a new range and refrigerator. Rather than buying large kitchen appliances, it would be wiser to purchase a toaster, a mixer, a coffee-maker, and other small appliances that can be moved easily and used in any kitchen.

#### Add Finishing Touches

Finally, choose accessories carefully. Too often a homemaker runs downtown to "pick up an ashtray" without realizing that the ashtray, if selected properly, can be the focal point of her decorating scheme. Other things, such as lamps and books — ones that will be enjoyed, not just looked at — can add definite interest to any room.

#### Don't Rush

The furniture budget can be held to a minimum if you are willing to "get along without" or make do with an inexpensive but useful substitute until you find the items which you can more realistically afford at some later time.

A home can be attractive with very few pieces of furniture through imaginative use of colors and textures. Some apartment owners use brightly colored pillows on the floor for extra seating space!

The problem of large kitchen appliances may be overcome by renting apartment-size refrigerators and ranges or by buying them second-hand.

Most homes are furnished over a period of years. Plan first for the essential pieces, and additional pieces may be added later. If you have furniture you want to keep, these pieces may be the basis of your planning for new purchases. Put time, interest, imagination, and personal effort into planning, experimenting with arrangements, and shopping; and your home will become that dream palace — not ready-made, but built on your hopes, dreams, and plans for the future.



The living is easy — and so is the upkeep — in this striking modern room designed for informal entertaining. Hassocks and a low chair circle a colorful area rug of thick, soft nylon, in an unusual gold-and-mustard stripe effect, by Berven. Because it is made of nylon, the rug is long-wearing, very cleanable, and luxurious enough to make another seating area for parties.





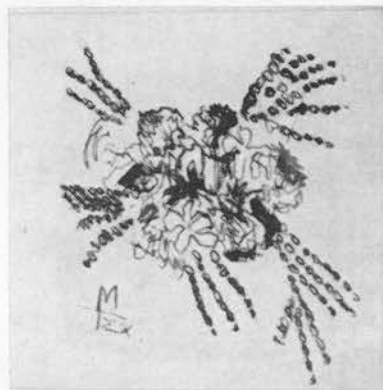
# Choices Range From Gardenias To New Glamellias

by Anne Collison, T. JI. 2

Since ancient Greeks offered ivy to the gods to insure nuptial happiness, flowers have been part of the traditional wedding attire. Your wedding bouquet is the final dash of drama as you walk down the aisle to the strains of Lohengrin.

The type and size of wedding bouquet should be determined by the size of the bride, the style of her gown, and the type of wedding. Flowers should compliment, not dominate the scene. Therefore, the smaller the stature of the bride and the shorter the gown, the smaller and simpler the bouquet should be. Also, smaller arrangements should be carried in semi-formal and informal weddings.

Rules of proportion do not greatly limit the bride's choice of flowers. Many flowers, such as tea roses, long-stemmed roses and calla lilies, are grown in both regular and miniature sizes. Even large blossoms can be arranged into dainty, simple bouquets. Many wedding bouquets are designed with an orchid center that can be



slipped out and used as a going away corsage.

The bridesmaids' flowers should be chosen as carefully as the bride's. Again a rule of good proportion should be used to avoid overpowering the girl or her dress.

Begin planning early by showing your florist a picture of your wedding gown and a sample of its material. She can suggest suitable flowers which will go into one of three basic arrangements—colonial, crescent, or cascade. Most florists offer a great variety of flowers. Bridal flowers are traditionally white; but, occasionally, colors may be used. If the wedding gown is a

pastel, the flowers should harmonize with the tint of the dress.

Popular wedding bouquets include orchids, butterfly orchids (smaller in size), roses, sweet peas, shattered carnations, calla lilies, gardenias, or camellias. Also favored are chrysanthemums, snapdragons, and stephanotis—a waxy star-shaped flower resembling orange blossoms. Recently popular flowers, especially for larger bouquets, are glamellias. They are gladioli which have been wired blossom by blossom to resemble camellias. Less formal flowers, well suited to spring and early summer weddings, are white violets, lily-of-the-valley, tulips, lilacs, narcissi, and daisies. The maid of honor's bouquet may be slightly more elaborate than the bridesmaids' bouquets.

Bridesmaids may carry novelties such as artificial fruit, ropes or garlands of flowers, flower-covered parasols, or baskets spilling over with vibrant color. The groom pays for the bride's flowers, but the bride pays for her bridesmaids' bouquets.

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# Bells Ring at ISU

by Jo Fridley, H. Jt. 3

Couples who meet on Iowa State's campus often choose to have their weddings in the same area. Gardens, chapels, and even the Union fountain are backdrops for the ceremonies.

A large number of student weddings are held in the churches near campus. Helser Chapel in the Collegiate Presbyterian Church, Nichol's Chapel in the Collegiate Methodist Church, and the Little Chapel in Saint John's Episcopal Church have been favorite places for these students who prefer a small chapel for their wedding.

Mrs. Margaret Lange, Memorial Union social secretary, reports that since 1954, 24 wedding ceremonies have been performed in the chapel beneath Gold Star Hall. Formality has ranged from elaborate weddings to simple and informal services.

The Memorial Union fountain, a less usual setting, provided an interesting background for the wedding of Mr. and Mrs. Robert Clark, Iowa State University students, in the early evening of August 27, 1960. The couple met while working at the Union and chose this location for sentimental reasons.

Music for their wedding was provided by a piano which had been moved out onto the north door step of the Union. The bride was escorted to the temporary altar near the fountain by her father. The kneeling bench from the Union chapel was used for the ceremony.

"For decorations, we chose two bouquets of gladioli which we placed on the fountain wall," said Mrs. Clark. The evergreen and other foliage surrounding the area added natural beauty to the setting.

Many visiting parents and alumni note with regret that one of the traditions has given way to meeting traffic needs. The six-foot honeysuckle hedge which surrounded the formal gardens, the site of many summer weddings, was cut down 12 years ago because it impaired the view of drivers, said E. C. Volz, professor of horticulture.

## After the Wedding

Many wedding receptions have been held in the Sun Room and the South Ballroom of the Memorial Union, said Mrs. Margaret Knapp, reservations clerk for the Union. There was also one reception in the faculty lounge because the couple preferred a small room. Reservations have been made for four wedding receptions in the Memorial Union during the coming June.

Popularity of receptions on campus is attributed to the fact that students like to have their receptions where college friends can easily get together. It's a way to share the happy occasion.

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# Duo Drape Gowns

by Anne Miller and  
Gail Wallen, H. Ec. 3

**N**ot just any dress will do. Your wedding dress is a very important part of the wedding — and a significant part of the expense!

Nancy Becker and Clara Raplus had often dreamed of making their own wedding gowns, but they decided this could be more than a dream when they enrolled in T&C 424, Designing by Draping.

Combining several years' sewing experience with professional instruction and advice, Nancy and Clara, both T&C majors at Iowa State, completely designed and constructed their own wedding dresses.

Neither girl had found the exact pattern she wanted, but by creating her own design, she could combine ideas she liked from several different styles.

The muslin pattern each girl made first enabled her to experiment. She could see exactly how the dress would eventually look and fit.

Nancy points out how much time and expense can be saved by fitting a dress as it is made, rather than buying one which needs a number of alterations. After trying on several dresses, she found that necessary alterations would run the cost of a purchased dress considerably higher for her.

Over-all savings were very significant for both girls. Clara's dress would have cost at least \$200 if she had bought it readymade, she said, but her total cost for material and notions was under \$50.

Nancy spent \$35 for her dress; it is valued at about \$110.



The girls offered several suggestions for others who plan to make their own wedding gowns:

1. Make the bodice from muslin first, fit it carefully, and make the necessary alterations in the muslin shell.
2. Place a sheet under the material so it will stay clean.
3. Keep the dress in a box; do not hang it up because the dress is so heavy it will pull out of shape.
4. Keep it out of direct sunlight so that it will not turn yellow.
5. Wash your hands each time before you handle the material and frequently while you are sewing on it.
6. Dust the sewing machine and table before each use so the dress will not collect dust.

Nancy and Clara suggest that anyone undertaking a project of this scope should have expert help available for technical parts and assistance in fitting, as well as plenty of working space, sewing experience and confidence.

## Look at Latest

by Karen Nielsen, H. Ec. 1

IT'S SPRING IN PARIS, and the 1961 Trade Fair is well under way. Emphasis in the American exhibit is on convenience foods found on our markets. Ready-to-cook turkeys and other poultry products, dried fruit, packaged cake mixes, minute rice, instant non-fat dry milk, frozen foods, and frozen juices will be featured. Demonstrations will point out how quickly and efficiently these foods can be prepared.

An electronically operated kitchen is a part of the exhibit and contains a moveable dish washer, automatic garbage disposer, cleaner to pick up spilled food, and a built-in TV. Completing the scene is a robot butler.

\* \* \*

OPEN THE PACKAGE, add water, stir; and it's applesauce. Another development in the field of instant food, this product can be prepared in half the time it takes to peel an apple. In the same area, dehydrated apple chips are in the news. Coated with sugar or chocolate, they substitute for candy; flavored, they replace fruits and nuts in many recipes.

\* \* \*

IN JUST SIXTY SECONDS, fasten together a man's suit or an automobile. An adhesive which works on fabrics, as well as metals, has been developed. It first was used exclusively for leather flight jackets; but cotton, wool, linen, blends, canvas, and felt are now included in its scope of fabrics. The durable adhesive can be washed and ironed.

The use of this product in manufacturing can eliminate the need for nuts, bolts, or soldering. It has been successfully tried in cementing a dam across the Los Angeles River.

\* \* \*

A CRACKER BARREL costs about \$1.50 and is a handy jar for collecting candy, cake, or, as its name implies, crackers. It can be set on a dorm desk or hidden in a closet, depending on the value of its contents. Transparent, it gives you an indication when the supply of snacks is down.

\* \* \*

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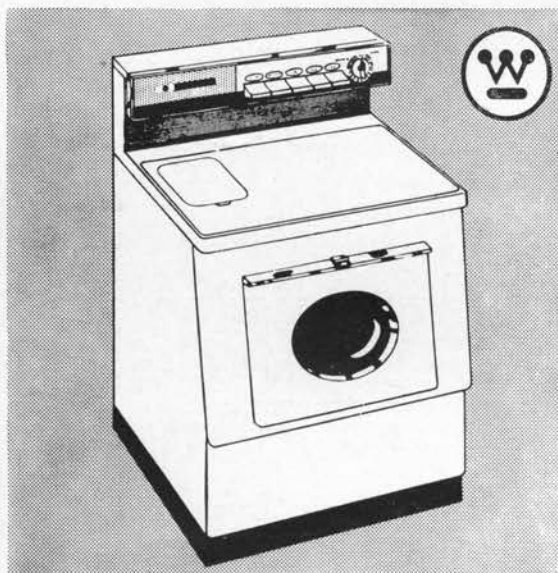
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